# NMR: The Toolkit

# Part A

#### The vector model 1

- Introduction 1.1
- 1.2 Bulk magnetization
- The rotating frame 1.3
- 1.4 Pulses
- 1.5 Free precession
- 1.6  $T_1$  and  $T_2$  relaxation
- 1.7 Spin echoes

#### Fourier transform NMR 2

- Introduction 2.1
- 2.2 Detection of the NMR signal
- Two-dimensional NMR 2.3
- 2.4 Pure phase two-dimensional NMR

#### Product operators I 3

- 3.1 Introduction
- 3.2 Product operators for one spin
- 3.3 Product operators for two coupled spins
- 3.4 Spin echoes

### Product operators 11

- Introduction 4.1
- 4.2 INEPT
- 4.3 Multiple-quantum coherence
- 4.4 Multi-spin systems
- 4.5 DEPT

#### **Two-dimensional NMR** 5

- 5.1 Introduction
- 5.2 COSY
- DQF-COSY 5.3
- NOESY 5.4
- TOCSY 5.5
- 5.6 HMQC
- 5.7 HSQC
- 5.8
- Three- and four-dimensional NMR
- Appendix 5.1 NOE, cross relaxation, and the Solomon equations

#### Phase cycling and pulsed field 6 gradients

- 6.1 Introduction
- Coherence transfer pathways 6.2
- Phase cycling 6.3
- Pulsed field gradients 6.4

# Part B

# **Quantum mechanics**

- 7.1 Introduction
- 7.2 Ket and bra vectors
- 7.3 Operators
- 7.4 Angular momentum
- 7.5 Free precession
- 7.6 Radiofrequency pulses
- Appendix 7.1 Vectors and matrices
- Appendix 7.2 Operators

#### **Density matrices** 8

- 8.1 Introduction
- 8.2 The density operator
- 8.3 Solving the Liouville-von Neumann equation
- 8.4 Ensemble averages
- 8.5 Application to NMR
- 8.6 Connection to product operators
- Appendix 8.1 Pure and mixed states, and
- coherence Appendix 8.2 Matrix diagonalization and matrix exponentials
- Appendix 8.3 The matrix exponential of  $\hat{I}_X$
- Appendix 8.4 The rotating frame

## Weak coupling and equivalence

- 9.1 Introduction
- 9.2 Density operators in two-spin systems
- 9.3 J coupling
- 9.4 Weak coupling: a brute force approach
- 9.5 Weak coupling: a more cunning approach
- 9.6 Equivalent spins9.7 Evolution of multiple-quantum coherence
- 9.8 TOCSY
- Appendix 9.1 Direct products
- Appendix 9.2 Matrix representations of two-spin
- operators Appendix 9.3 Operator commutators

### 10 Strong coupling

- 10.1 Introduction
  - 10.2 Free induction decay
  - 10.3 Spin echoes